



Mowbray Primary School
Stakeford Lane
Guide Post
Choppington
Northumberland
NE62 5HQ

Headteacher: Mr Andrew Miller

AM/LH

15 November 2022

Dear Parents/Carers

Children in Need

Friday 18 November is Children in Need Day 2022. If your child would like to attend in non-uniform on Friday they are more than welcome to – spots are optional.

One of the Children in Need themes this year is a “Walk and Talk” to support children’s fitness and mental health. We will support this by extending our daily mile on Friday for a ‘half hour Walk and Talk session’.

In addition, we will be attempting a Turbo Bike Cycling Challenge. We are aiming to ride the equivalent of the ‘Coast to Coast’ distance (137 miles) between 8am and 6pm. This will involve some staff and volunteer children cycling on bikes attached to a turbo trainer in school in a relay fashion throughout the day, with the children taking part during school hours. We will post our progress throughout the day on our Facebook page. This challenge again ties into Children in Need’s theme of fitness and exercise supporting mental health.

If you would like to donate to Children in Need this year, please do so directly by going to their website and clicking on “Donate”.

www.bbcchildreninneed.co.uk

Yours sincerely

A. Miller

Mr A Miller
Headteacher

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