### Questions

Here are a few questions which you may be wondering about.

#### What will my child need to wear?

Forest school sessions will be held in all weathers (except thunderstorms or extreme winds), therefore we advise that children should be suitably dressed for a 2 hour session (layers are preferable rather than one heavy coat).

#### Will my child be using full sized tools?

Yes, within your child's forest school sessions your child will be taught on a 1:1 or 1:2 (one adult per one-two children) basis. A group tool talk will be given including simple step by step instructions on how to carry, pass and use. All use of tools have been fully risk assessed and Mrs Ogglesby is fully outdoor first aid trained. Each year group will gradually work up to using full sized tools.

#### Is forest school safe?

Forest school is a positive outdoor experience with motivating achievable tasks planned for during each session. Mrs Ogglesby works with the whole teaching staff to deliver a programme which will enhance your child's learning experience at Mowbray Primary School. Needless risks have been removed making the environment safe and effective and we only challenge children with developmental risks they are able to cope with.

## What areas of learning are achievable during a forest school session?

All areas of learning will be achieved during all sessions across all key stages. We encourage spontaneous discussions and development of themes by the children as well as team building. Exploration of the environment and tools allows children a chance to learn about the wider world and how to handle situations. Free play is given for children to run and experiment with different ways of moving and balancing. Drama and creativity are encouraged as a means of

reviewing each session. Literacy and numeracy activities are woven throughout the sessions.



### **Mowbray Primary School**

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## Forest School On Mowbray Meadow

Teach, Learn, Create

# The importance of Outdoor learning...

Outdoor learning and play is critical for healthy development of all children. Learning outside offers opportunities to build on and extend, skills taught and acquired inside. It also offers the chance to take on new challenges and risks and to experiment in different ways.

We recognise children as individual learners and Forest School is an opportunity to allow them time to grow in self-confidence whilst at the same time creating positive relationships with others and learning new skills.

All activities allow children to develop and learn through play; in line with the national curriculum. All areas of learning are crosscurricular and there are ample opportunities throughout the school day to continue their learning in a style which suits the child. The children are allowed to take risks within a fully risk-assessed outdoor environment.



Mowbray Meadow and Forest School is an exciting opportunity which engages children of all ages in an outdoor environment. Forest School uses current theories of child development and focus' on children learning about the environment and themselves within unique surroundings.



Children will be given access to:

- Creative literacy and numeracy activities
- Tree and plant identification
- Team-building activities
- Safe use of tools and equipment
- Activities that extend imaginary play
- Natural artwork
- Campfire cooking
- Knots and lashings





## Forest School at Mowbray...

Mowbray Meadow and Forest School is planned and led by Harriet Ogglesby (level Three Forest School Practitioner) and she is supported by Helen Burn (Level Two Forest School Practitioner) and other staff to oversee and implement all activities, ensuring that they are undertaken in a safe and secure environment.

Each child will experience a number of Forest School sessions every term, plus additional whole school projects. Mowbray teaching staff work closely in partnership with the Forest school leader to ensure that the children's curriculum development is supported through well planned, engaging and exciting activities on the Mowbray Meadow. This is a continual process which will help all children to progress throughout their academic career at Mowbray.